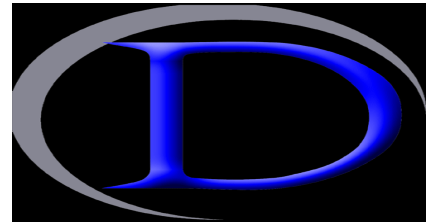


# 2011 Title Town Youth Wrestling Camp



The two area wrestling teams are proud to announce the first annual Title Town Youth Wrestling Camp on November 18 and 19, 2011. This camp will be facilitated by the wrestling staffs of both area teams, which have been built upon a tradition of excellence. These teams have produced numerous state qualifiers, state placers, and state champions and are eager to keep this tradition alive. This camp will teach the skills necessary to produce positive results on the mat for the individual who is trying this sport for the first time as well as the experienced wrestler. The skills that one can acquire from this camp will not only benefit them in wrestling, they will aid the individual who also participate in other sports such as football, baseball, basketball, and soccer. The camp will be held at Boyle County High Gym and the schedule is:

Friday Nov. 18 – 4pm – 5pm Registration (Free Camp T-shirt)  
5pm – 8pm 1<sup>st</sup> session -Technique/Drilling

Saturday Nov. 19 – 9am -12pm 2<sup>nd</sup> Session – Technique/Drilling/Nutrition  
12pm – 1pm Lunch (provided by camp)  
1pm – 4pm 3<sup>rd</sup> Session – Technique/Drilling/Workout-Weightlifting Strategies  
4pm – 5pm 4<sup>th</sup> Session – Live Wrestling (Individual choice)

Cost: \$50.00 the day of event – Early registration (by Nov 1<sup>st</sup>) \$40.00

Discounts will be given for multiple family members. Also scholarships are available but must be approved by one of the coaches a week prior to registration.

\*\*\*The cost includes lunch on Saturday, a free T-shirt, and 10 hours of quality instruction in the sport of wrestling.

Contact one of the following coaches for additional information:

Coach Smith (BC Head Coach) 319-0661

Coach Selby (Danville Head Coach) 516-1393

Coach Sallee 319-4109    Coach Lannum 324-2212    Coach Burke 583-9151    Coach Pruitt 326-0044

Coach Hutchinson 319-1297    Coach Bell 326-6046    Coach Tritapoe 319-3270